

BASIC ACCREDITATION GUIDELINES

- International Pool Lifeguard, Inland/Open Water Lifeguard, Surf Lifeguard
- International Lifesaver
- International Junior Lifesaver

| | Lifeguard | | | Lifesaver | Junior lifesaver |
|--|-----------|------------|------|-----------|------------------|
| | Pool | Open water | Surf | | |
| 1. INTRODUCTION | | | | | |
| a. Information on lifesaving and lifeguarding | + | + | + | + | + |
| b. Historical basis of current training program and skills assessment process | + | + | + | + | - |
| c. Organisation of governing bodies | + | + | + | + | - |
| d. Relationship with allied groups | + | + | + | + | +/- |
| e. Drowning statistics and information | + | + | + | + | - |
| 2. SITE-SPECIFIC ENVIRONMENTAL CONSIDERATIONS | | | | | |
| a. Water quality | + | + | + | +/- | - |
| b. Water temperature | + | + | + | +/- | - |
| c. Water movement (natural and artificial, e.g. currents, tides, surf, wave machines, dangerous water) | + | + | + | +/- | - |
| d. Weather, wind, temperature of air | +/- | + | + | +/- | - |
| e. Plants and animals | - | + | + | +/- | - |
| f. Natural hazards (e.g. cliffs) | - | + | + | +/- | - |
| g. Human made | | | | | |
| 3. MANAGEMENT OPERATIONS | | | | | |
| a. Prevention of accidents and surveillance routines | + | + | + | +/- | - |
| b. Notices and information to all users (e.g. hours of operation, hazard identification) | + | + | + | +/- | - |
| c. Zoning of activity areas | + | + | + | +/- | - |
| d. Structure and function of buildings for control and lifeguarding duties and ancillary features | + | + | + | +/- | - |
| e. Implementation of a flag and/or sign system | + | + | + | +/- | - |
| f. Development and implementation of internal and external communication systems | + | + | + | +/- | - |
| g. Maintenance and supply of equipment | + | + | + | - | - |
| h. Identification and implementation of legislation, records, administration and reporting systems | + | + | + | - | - |
| i. Development and implementation of cleansing and environmental control systems | + | + | + | - | - |
| j. Development and implementation of operating procedures, emergency action plans and safety policies | + | + | + | - | - |
| k. Communication and liaison with emergency and support services | + | + | + | +/- | - |
| l. Fire prevention and control systems | +/- | +/- | +/- | +/- | - |
| 4. THE LIFESAVER/LIFEGUARD | | | | | |
| a. Duties and responsibilities | + | + | + | + | +/- |
| b. Working as a member of a team | + | + | + | + | +/- |
| c. Personal knowledge and understanding of skills and requirements | + | + | + | + | +/- |
| d. Clothing and personal attire requirements | + | + | + | + | - |
| e. Physical fitness, eyesight, hearing, stamina and other medical requirements | + | + | + | + | +/- |
| f. Knowledge of safety procedures and systems | + | + | + | + | +/- |
| g. Training programs to maintain and improve wet and dry rescue capabilities | + | + | + | +/- | - |
| h. Level of literacy and comprehension requirements | + | + | + | + | +/- |
| i. Personal conduct | + | + | + | + | + |

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| 5. PUBLIC RELATIONS | | | | | |
| a. Lifeguard's role as a public servant | + | + | + | + | + |
| b. Consideration of public behaviour patterns, alcohol, drugs, abuse | + | + | + | + | - |
| c. Rights of the citizen and obligation on the lifeguard | + | + | + | +/- | +/- |
| d. Attention to regulations and reports | + | + | + | + | - |
| e. Advice and information to facility users | + | + | + | +/- | - |
| f. Providing education and information to the public and support services | + | + | + | - | - |
| g. Dealing with complaints and handling objections | + | + | + | + | - |
| h. Attention to safety procedures | + | + | + | + | +/- |
| i. Awareness of special needs groups | + | + | + | +/- | +/- |
| j. Understanding of problems with lost children and adults | + | + | + | + | +/- |
| 6. RESCUE OF VICTIM OF WATER | | | | | |
| a. Recognition of a dry accident situation and identification of casualty types and place | + | + | + | + | + |
| b. Application of emergency action plan and consideration of severe conditions | + | + | + | +/- | +/- |
| c. Alarm is raised, equipment located, obtained and used by the lifeguard and/or the rescue team | + | + | + | +/- | +/- |
| d. Communication with support emergency services | + | + | + | +/- | - |
| e. Method of rescue selected and applied e.g. 1) land based rescue: safe point of action, reaching, throwing with equipment 2) water based rescue: safe point of entry, wading/swim and tow with or without individual rescue equipment; + approach of casualty + swim/tow with or without equipment + defensive actions | + | + | + | +/- | +/- |
| f. Recovery of casualty to safe exit and carry casualty and safety | + | + | + | +/- | +/- |
| g. Underwater search and rescue techniques | + | + | + | +/- | +/- |
| h. Recognition of accident situations requiring special techniques and equipment (e.g. spinal cord injury management) | + | + | + | +/- | - |
| i. Reports and records | + | + | + | +/- | - |
| j. Knowledge and understanding of rescue equipment included in emergency action plan | + | + | + | +/- | - |
| 8. RESCUE WITH BOATS | | | | | |
| | - | + | + | - | - |
| 9. MEDICAL SKILLS | | | | | |
| a. Knowledge and application of appropriate emergency treatment, including CPR + spinal management | + | + | + | +/- | +/- |
| b. Knowledge and application of emergency medical aid equipment | + | + | + | +/- | - |
| c. Knowledge of pertinent regulations | + | + | + | +/- | - |
| d. Knowledge of support emergency medical services and procedures for delivering casualties to these services | + | + | + | +/- | - |